



Dear St. Michael Preschool Families,

*The 2019-2020 school year is off to a great start! Thank you so much for attending our Parent and Student Orientations this past week. The teachers and I loved seeing all those smiling faces, and we can't wait for the fun adventures to begin. We look forward to partnering with you to create a strong home-school connection that will foster the best start to your child's learning.*

Blessings,

*Lisa Ciesla*

Preschool Director  
[lciesla@stmmary.org](mailto:lciesla@stmmary.org)



## Important Dates

- Early Arrival has Begun: Drop off at 8:15 am (Openings still available Monday – Friday; 24 hours notice is required), [CLICK HERE](#) to register.
- Mon., Sept. 2 – **Preschool Closed** (Labor Day)
- Sept. 10 & 11 – **Lunch Program Begins**
- Mon., Sept. 23 – **Preschool Closed** (Teacher Professional Development Day)



## Roo's Pals – 2's Please Note:

Week of Sept. 3 – 12:00 pm dismissal  
 Week of Sept. 9 – 12:30 pm dismissal



## Separation Anxiety

Some children go through a stage of difficulty in separating from a parent in a new environment. Staying in the classroom with a child who is having difficulty often prolongs his/her anxiety. Therefore, we encourage parents to drop off at the door with a hug or kiss and leave promptly. You can watch your child through the observation window or call during the day to see how your child is doing.

## Independently Potty Trained

Parents, please remember that children three and older must be independently potty trained to attend our preschool. [CLICK HERE](#) to review this policy. Thank you!

## Snack & Food Allergy Policy

I want to thank you in advance for signing up to send in class snacks. It is a great way for the children to enjoy a variety of nutritious foods throughout the year. [CLICK HERE](#) for healthy snack ideas.

**Please Note:** If sending in something home-baked, please bring in the ingredient label so our teachers can ensure it does not contain nuts.

Please remember, to keep all children safe, including those with life-threatening allergies, **snacks may not contain peanuts, tree nuts, or peanut/nut products.** This includes foods that have been processed in a plant with peanuts or tree nuts.



**Only children with allergies** (requiring an EpiPen or Medical Action Plan) **are required to provide their own snack.**

**Those having a medical dietary restriction** (e.g., Celiac Disease, Gluten sensitivity, dairy or lactose intolerance) **may choose to bring their own snack to school.** Please see me to further discuss your child's dietary needs.

**All other children will be offered the class snack.**

## Illness Policy

To protect the health and well-being of all the children, please keep your child home if any of the following conditions exist:

- Frequent and productive coughing and sneezing.
- A runny nose requiring constant wiping or accompanied by green drainage.
- Fever or vomiting. Children should be kept home for 24 hours **after** his/her temperature is normal and vomiting has ceased.





# St. Michael Preschool News

Growing with God...



## Drop Off and Pick Up

Thank you for remembering to sign your child in and out each day. Please remember to include a phone number where we can reach you if it is different from the one listed on the sheet.

- Classroom doors open at **9:30 am** and pick up is at **12:30 pm**.
- Call or email the office if your child will be absent.
- Provide a note if your child will be picked up by someone other than those listed on your carpool list.
- Do not leave any children unattended in your car while you drop off or pick up your preschooler.
- If you have a child that is ill or napping, please call the office and we will be happy to bring your preschooler in or out for you.
- Hold children's hands walking in the parking lot and in an out of the school building.
- Be careful not to park in designated fire lanes.

## Lunch Program

The **Lunch Program** runs from **12:30-1:30 pm** most **Tuesdays and Wednesdays**. After lunch, weather permitting, the children will go to the playground.

Please wait at the playground entrance for a teacher to dismiss your child.



If you would like your child to stay for after school lunch, please [CLICK HERE](#) or stop by the office to sign up.

\*If participating in the Lunch Program, please remember to **send your child with a peanut/tree nut free lunch. Be sure to clearly mark any SunButter items.**

## Box Tops

Please continue to save your Box Tops throughout the school year and drop them off in the collection box outside of the preschool office or download the App to scan your grocery receipt- no clipping required. This is a great way to help our school raise funds for new instructional materials and programs. With your help, we can reach our goal of raising \$600 this school year. Thank you in advance for supporting our efforts.



## Adventure Camp

Our super fun **Adventure Camps** begin in October. These camps are offered to preschoolers 3 years and older. Camps will occur one Thursday and Friday per month. [Register Here](#) or in our preschool office.

- **Thursday, Oct. 3 - "Bugging Out"** Children will explore the environment with nets and discover insects. We will compare bugs and go on a ladybug hunt.
- **Friday, Oct. 4 - "Camping"** The children will experience a scavenger hunt, learn about animal prints, and set up a camp. We will day by making trail mix around a c



## Social Media - Please follow us on...

**Twitter:** @stmpreschoolnc

**Instagram:** @stmpreschoolnc

**Pinterest:** /stmichaelcary/st-michael-preschool

**Facebook:** StMichael Cary - please friend this account and find a link to the Closed Group there to [View videos of your child's class and other fun events. Please Tweet and Post with #stmichaelpreschool and #stmichaelcary](#)



**Please Note:** During registration, you were asked to approve or decline permission for your child's photo release. If you declined your child's photo, it will not be used on social media or in preschool publications. A child's name will never be used.

Many parents take pictures during visits to the classroom or special events that we have at the preschool. Since social media has made it so easy to share photos, **please be respectful of people's privacy and do not post pictures of children or staff without their permission.**

Please visit our new **LENDING LIBRARY** open to all preschool families. Please just record your last name, date, and number of books borrowed and return at your convenience.





# St. Michael Preschool News

*Growing with God...*



## New 'Moms Group' Forming at St. Michael!

### *You're Invited!*

*Would you like to meet moms like you in our church community for group playdates, mom's night out, and more while building friendships, a support network and having fun?*

**Please join us for an initial "Meet and Greet" event for moms Wednesday, September 18<sup>th</sup> at 7:30 PM in the Conference Center Gallery (830 High House Rd.) to establish a 2019-2020 schedule.**

*This group is for all moms expecting through kindergarten aged children.*

Questions? **Contact Amy Burhans at [mihalchikal@gmail.com](mailto:mihalchikal@gmail.com)**